


Registration information

# GROUP THERAPY FOR TEENS

*Alpine Connection Counseling*

719-233-TEEN



Because no one  
should walk  
through life alone.

## ONCE THEY GET CONNECTED THEY WON'T WANT TO MISS IT...

Group therapy is a powerful and effective approach to helping teens deal with today's issues. Although most resist going to group therapy at first, once they do, 90% of them end up loving it and often say it is the highlight of their week. Alpine Connection teen support groups run in six-week sessions and meet once a week at either the Alpine Connection offices or another agreed upon location depending on group size. Each group has 6-12 students who deal with

similar issues and is led by a trained therapist. Cost for group therapy is a non-refundable fee of \$180.00 payable at the first session. Alpine Connection has opportunities for groups throughout the week, so please call 719.233.TEEN to find an open group that fits your schedule and your teen's situation.



Alpine Connection Counseling 719.233.TEEN 5360 N. Academy Blvd. Suite 150, Colorado Springs, CO 80918

# WHY GROUP THERAPY?

1. Helps me find solutions to questions and struggles I'm having
2. Having others who understand and identify with what I am going through
3. Opportunity to meet new people and make new friends
4. More creative and interactive than individual therapy
5. Weekly support from people who are non-judgmental and who care
6. Gives me something to do and look forward to each week
7. Feels like I belong somewhere
8. Less expensive than individual therapy
9. Has a pre-set amount of sessions
10. Opportunity to help others in the group

## DIRECTIONS

To get to the Alpine Connection offices turn west on Montebello off of Academy. Turn left towards the Target, then an immediate right into the Wells Fargo office complex. Park in this lot and take the stairs down to the lower level. Go through the double glass doors marked suite 150.



Alpine  
Connection  
Counseling

## REGISTRATION FORM

I give my consent for \_\_\_\_\_  
(child's name) to participate in the Alpine Connection Teen Support Group. I understand this group meets once a week and will last for six weeks.

I also understand that one of the benefits of group therapy is to have a confidential setting in which my child can explore more effective ways of coping with his/her situation. I also understand that according to Colorado state law, the therapist will break confidentiality for the following two reasons: 1. Child abuse, 2. Imminent harm to self or others.

I understand that the total cost for six weeks of group therapy will be a non-refundable fee of \$180 and must be paid in full by the first session and can be paid either by cash, check, or credit card.

Parent signature \_\_\_\_\_

Parent cell phone \_\_\_\_\_

Parent email \_\_\_\_\_

I would like to pay by: (circle one)

Cash

Check

Credit Card